Issue 32 Newsletter Date: September & November 24

Dear Friends



September is 'new year' in Methodist Circles, and a growing number of our Churches are marking that by moving their Annual Covenant service to the new Connexional year instead of the calendar new year. Our church new year coincides with a new academic year and for me there is always a sense of 'back to school' when September begins! Back to school has always felt like a mixture of excitement and nervous anticipation. Will I cope with the business of a new term? Will 'school' be like I remembered it? What

will the new people be like?!

This last element is particularly the case for our Circuit this September as we are pleased to welcome to the Circuit Rev Asif Karam, who moves from the Newham Circuit over the summer. As well as the usual commitment to the wider life of the Circuit Asif and I will be involved in teamwork in Chelmsford where he will have particular responsibilities pastorally at Trinity.

In the scriptures there is a consistent emphasis on God doing a 'new thing'. Something new out of nothing is expressed in the Genesis creation story; Jesus heralds in a 'new covenant relationship' expressing God's love, by his death and resurrection; In the Revelation of St John at the very end of the Bible the creation story comes full circle with the vision of 'a new heaven and a new earth'.

If you're sometimes feeling like you'd like the pace of change to slow down a little, remember the refreshing and inspiring love of God cannot help but manifest itself in a 'new thing'!

Here's to a new year full of surprising revelations of God's transforming love.

Peace and blessings,

Mark Pengelly

Dear Friends

Flyer for the Autumn Bible Course.

Every time I have run the Bible Course the response is so positive. Even from Local Preachers and Ministers there is something new to learn. No previous Bible Knowledge is required this course is for anyone. There is a book to accompany the course but it is not totally necessary. When sharing in your circuits please do indicate if you as a circuit/church are willing to pick up the cost of books as a means of encouraging people to sign up. There is a QR code on the flyer or this link can be used to register <u>https://zoom.us/j/98316783274...</u>

Angela Brydon

District Discipleship Enabler District Ambassador for Children and Young People Joint District Eco Lead Bedfordshire, Essex and Hertfordshire District The Methodist Church Telephone 07485 431288 DDE@behdistrict.org.uk



The Bible Course is an opportunity to explore the BIG story that is contained in this amazing book. From Genesis through the Old Testament and the New Testament to Revelation Run over 8 sessions, combining video teaching, group discussion, personal reflection and daily readings. Each Weekly session will last an hour to an hour and a half. The sessions will be on Mondays at 7.30pm

STARTING Monday 30th September ON ZOOM

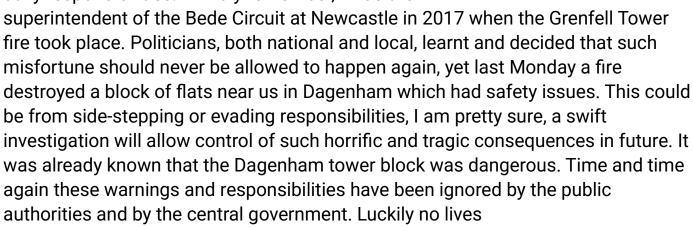
To register and receive more information Please scan the QR code



Dear friends,

It has been said that the hardest thing about life is that it is so daily. There is no let-up in the stream of responsibilities. We fulfil them on Monday and on Tuesday morning, they are there again. As I continue my ministry amongst you, it is an extremely rewarding responsibility and huge privilege to offer pastoral oversight on a daily basis. Though us ministers change stations after stations, life and ministry is so daily.

The same can be said about Christian life, the life of following Jesus. Following Jesus doesn't exempt us from daily responsibilities. I vividly remember, I was the

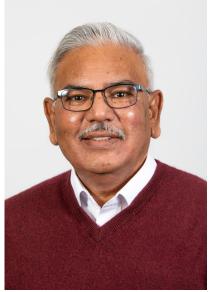


have been lost. We all live with the consequences of our own past engagements and responsibilities. What can we learn from our past? What are our lessons from the consequences of our engagements and responsibilities?

In general, life is daily. The life of following Jesus is a daily decision to love and to learn from Him. Do you remember your favourite teacher? What was it that made that person so special? Was it their kindness, their knowledge, their ability to meet their responsibilities and challenge you? Did you trust them? We often think about the fact that Jesus was a teacher, in fact more than 45 times in the Bible, Jesus is referred to by the title of Teacher or Rabbi. Jesus is a kind teacher. He reassures us that our heavenly Father knows that you need all these things for living your daily life. Jesus is knowledgeable and a trustworthy teacher, He sometimes taught one or two people at the same time and sometimes He taught thousands at one time. He teaches us today, speaking to our heart and reaching out to us through the ages, when we open our Bibles in daily life and labour to sit daily at the feet of Jesus our greatest teacher.

Yours in His vineyard,

Rev. Asif Karam



DAVID 8 THE PSALMS RETREAT WITH ROGER JONES

Led by **Roger Jones** and the CMM team

21-25 October 2024 The Pleasaunce Overstrand



There is a right time for everything! Join us for a retreat with Roger Jones and the team to come aside and reflect on David - the King and worshipper

. . . .



Spend the week enjoying great Bible teaching, praise, music and fellowship on the beautiful Norfolk coastline

Scan the QR code or call The Pleasaunce on 01263 579212 to book your place now!

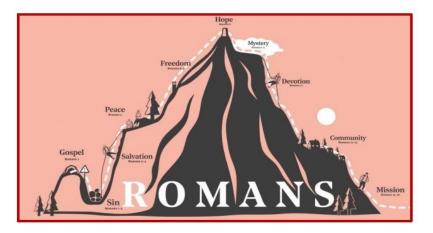


For more information contact events@cmm.org.uk or 01527 576440



We will be starting the second half of the Bible Study on the book of Romans in September, once again offering both face to face and zoom sessions.

The course uses videos of Andrew Ollerton presenting from Rome itself. There are study materials and daily readings plan as well as other material for presenters and preachers too. Andrew has also written a book to go with the training programme. The Bible Society website says that "Using the metaphor of a mountain climb, we'll be guided through the Letter to the Romans covering these key themes shown below.



Dates for sessions six to ten are shown below. Unfortunately, my holiday arrangements mean that I will be away during sessions 7, 8 and 9, however Jim Lowe and Mark Pengelly have stepped into the breach to lead during those weeks. Note the date change for session 7 on zoom.

Face to Face Date Wednesdays at 2pm in the Link at Trinity	Session and Subject	Zoom Date Tuesdays at 7:30pm
11 th September 2024 (Mike)	Session 6: Hope	10 th September 2024 (Mike)
18 th September 2024 (Jim)	Session 7: Mystery	18 th September 2024 (Mark)
25 th September 2024 (Jim)	Session 8: Devotion	24 th September 2024 (Mark)
2 nd October 2024 (Jim)	Session 9: Community	1 st October 2024 (Mark)
9 th October 2024 (Mike)	Session 10: Mission	8 th October 2024 (Mike)

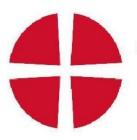
If you joined us last time for the first five sessions, we look forward to meeting you again and if you'd like to join just for the second half you are most welcome, and we can even make the videos from sessions one to five available to you as well. Please join us if you can.

Mike Fogg

There is a short introductory video about the course itself accessible by the link below.

https://www.biblesociety.org.uk/resources/the-romanscourse/?source_code=50202&gclid=CjwKCAjw38SoBhB6EiwA8EQVLpJQOa_Mqyj7_Ng68AzY ia_lCxN6JjYoga-MwBqa1GUNhJb4iqi2axoCOyUQAvD_BwE

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Maldon Methodist Church and St. Peter's Stitchers Knit-N-Natter group. Warm Space Report 2024



The group was started in the cafe at St. Peter's Hospital Maldon early 2022. In June of 2023 the cafe had to close due to health issues for the lady who ran it. After talking to the Church lettings secretary, Mark and Moira, two of our church members, invited the group to move to the church where they meet every Thursday morning.

In the autumn of 2024 we became an official Warm Space and now also provide a simple light lunch to all who come.

Not all who come knit. Some just come to natter. We have a couple of vulnerable people attend just for somewhere to go. Also two or three of the ladies who used to volunteer at the cafe come and deal with the teas and coffees for us.

We have had a couple of visits from Essex Police, one to talk about crime prevention and one to talk about fraud and scams.



One week a local district councillor came to talk about the proposed closure of St Peters hospital and to assist anyone who wanted to complete the consultation questionnaire on paper.





Another time Mark and Moira, who are a members of the Lions Club Of East Anglia Lioness, presented the Lion's 'Message In A Bottle' project and handed out bottles to anyone who wanted them. This is where you list your medication and allergies etc on a form which is stored in a plastic bottle in the fridge. In the event of a medical emergency the paramedics will have all the details they need if you are unable to speak.



We regularly have around 24/25 people in attendance.





Everyone who wants to puts a pound in the pot and when we have enough we give Julie Taylor the cash for another bleed control pack. She raises funds for these in memory of her grandson. Liam, who was knifed to death in an unprovoked attack at the age of 19. We are currently paying for one bleed kit per month.

News from Broomfield Methodist Church



For our last Messy Church, before the summer break, we decided to take Messy church outdoors and immerse our families in the beauty and wonder of God's Wonderful World.

We met, as usual, at the church, and after our refreshments we set off to explore Centenary woods in Broomfield. The children were very excited, and, after a couple of stops enroute to look at the wild flowers and trees and shrubs, we finally arrived.

Each family was allocated one member of the Messy church team to guide and look after them for the afternoon. First of al, I the children had to look for and collect 10 items and bring them back to base in exchange for a sticker.

The children then collected paper and crayons and set off to find a good piece of tree bark to complete a bark rubbing and then a leaf rubbing.



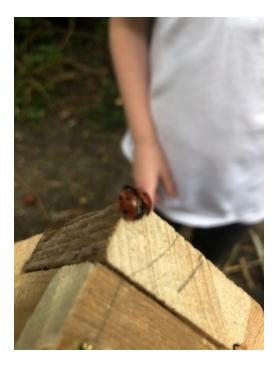


Next the families collected sticks, pine cones, leaves etc to complete our bug hotel, which had already been kindly made by the husband of one of our team members. The bug garden is to be placed in our new church garden which is in the planning stage but will completed soon.

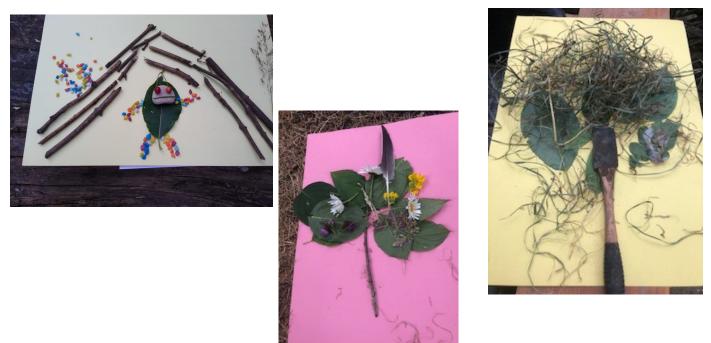
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The children were delighted when a ladybird investigated the bug hotel.



The next activity was to collect anything in the woods the families could use to make a picture, and each child was given a large sheet of paper on which to create their masterpiece. Parents and Messy Church leaders helped and encouraged the children and we were amazed at their creativity and artistry.



We all had a whale of a time and we all agreed to plan Messy Church goes Wild mark 2 for Summer 2025. My thanks to the Messy church team who rose to the challenge of taking the families outside and, as always, showed them love, kindness and the joy of our amazing God.

Southfield Chapel has reinvented itself to overcome financial struggles and dwindling attendance. This semi-rural chapel, with a rich history spanning over a century, has adapted to changing times by shifting its services and embracing community engagement.

"Before COVID, we had a small but diverse congregation with a couple of young families and older members," says Corrie, a congregation member of <u>Southfield</u> <u>Chapel</u> in the <u>Lancashire Methodist District</u>. As in many places, the COVID-19 pandemic exacerbated existing challenges, leading to financial strain and a loss of momentum.

Upon returning from lockdowns, the chapel faced significant debt and limited resources. Corrie recalls, "We looked at different options and realised we could not afford to carry on as we could not see any way of growing the congregation."



However, the appointment of two new circuit stewards brought fresh energy and determination to keep Southfield Chapel open. This led to a significant change in their approach. Corrie explains, "We decided the most important thing for us was being part of a community. We have always liked food and company and decided to host shared meals."

The chapel now holds a monthly Saturday evening service followed by a shared meal. This new format has attracted a different crowd, including stewards from other churches who can now attend a service without responsibilities. Corrie notes, "We think we are probably around 20 to 25 people once a month and it is always such a joyous moment."

Gabrielle, another member, highlights the importance of their after-service gatherings, "We provide tea and coffee, cake and biscuits. I think people like that we have a good hour or so after the service where people get together and we have a good chat and catch up."

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To address their financial challenges, the chapel has undertaken various fundraising initiatives. Gabrielle adds, "We had a Heritage Day with a walk and a delicious afternoon tea, both very successful." Additionally, they received support from the wider Methodist circuit and individual donations, allowing them to clear their debts and install a new noticeboard.

The chapel is exploring new ways to engage with the community.

"We are small and we might not have the capacity to grow the congregation, but we can be welcoming and caring, and make sure that we are a place for anybody to come."

They have served as a checkpoint for a marathon and are considering hosting concerts and other events.

While the chapel faces ongoing challenges, including an ageing population and changing societal norms, there's a strong community attachment to Southfield. Corrie observes, "People do feel passionate about the chapel and the area. When we put it out there that we thought Southfield was going to close, many people told us 'that can't happen."

Looking to the future, the chapel is considering restarting youth activities and hopes to attract new families moving into the area. They are also exploring ways to appreciate the chapel as a heritage asset, potentially drawing support from a broader base.

Southfield Chapel's story is one of resilience and adaptation. By reimagining their services, embracing community events, and leveraging support from the wider Methodist circuit, they've managed to keep their doors open. While challenges remain, the chapel continues to evolve, seeking new ways to serve and engage with its community while maintaining its rich heritage.

Taken from

The Methodist Church–Website News Article

1 My heart is not proud, Lord, my eyes are not haughty;
I do not concern myself with great matters

or things too wonderful for me. 2 But I have calmed & quieted myself, I am like a weaned child with it's mother;

like a weaned child I am content. 3 Israel, put your hope in the Lord both now & forevermore.





Dear Friends

What lies (a) the heart of this Song of Ascents of king David? What is it telling us about our relationship with God & His relationship with us? Nb. That such a union between the Creator & His creation, in the end, all boils down to one thing. Humble dependency. I.e. Our total reliance on Him, in the light of His unwavering faithfulness towards us. Here is One with every reason to adopt a boastful swagger & belittle us with a flurry of conceited rhetoric but who never does. Despite the fact that He made the world, everything in it & all that lies beyond it. Not least of all, you & me. The very pinnacle of His creation. The best thing He has ever done or will ever do. Apart from the realisation of His ultimate goal, which is to make good on all our imperfections. An ambition purposed in His heart long before the foundation of the world. As Philippians 1:6 reassuringly states - 'I am convinced & confident of this very thing, that He who has begun a good work in you will continue to perfect & complete it until the day of Christ Jesus, the time of His return.' AMP.

The fact that the One we call Lord is, by the same token, the embodiment of all true humility, means that free & ready access into His living presence is an absolute given. Especially when we approach Him with the same attitude that a small child would it's doting parent. I.e. Not fearing rejection but confident of the exact same opposite. A warm & tender embrace. Words kind & affirming. Needs willingly & generously met. Love, in all it's fullness, passionately & graciously expressed.

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Nb. It's not in God's nature to ever take advantage of your vulnerability but rather, in your vulnerability, to advantage you, every which way He can. In this regard Pastor Max Lucado assures us of God's feelings towards us, thus - 'If God had a refrigerator, your picture would be on it. If He had a wallet, your photo would be in it. He sends you flowers every Spring & a sunrise every morning Face it, friend. He is crazy about you.'

Prayer.

Oh, kneel me down again Here @ Your feet Show me how much You love Humility.

Oh, Spirit be the star That leads me to the humble heart of love I see in You. Amen.

With love from us all here @ Christ Church



CIRCUIT ECO NEWS

How do we discover God?

'Some people, in order to discover God, read books. But there is a great book: the very appearance of created things. Look above you! Look below you! Read it. God, whom you want to discover, never wrote that book with ink. Instead He set before your eyes the things that He had made. Can you ask for a louder voice than that?' St. Augustine (354-430)

Look above you...look below you.



Those words were true 1800 years ago and still true now.

Since 2019 we have been on a journey to increase our awareness and commitment towards a greener future for our churches and our faith.

The ECO Church Awards have helped us to look at what we're already doing in terms of our worship, buildings, community work and personal lifestyle. Here is how we currently stand as a circuit.

Of 12 churches

4 have registered 3 have Bronze Awards 2 have Silver Wards.

Well done to Moulsham Lodge our most recent Award winners being promoted to a Silver.

If your church hasn't registered yet visit https://ecochurch.arocha.org.uk/how-eco-churchworks/



Sheridan Pengelly

A Surprise Award



It was the weekend after my family had celebrated my 70th Birthday and I had gone to Cliff College for the Annual Methodist for World Mission Conference (31st May to 2nd June). This was a much-needed retreat which enabled me to descend from Cloud 9.

On Saturday 1st June, I received a call from our daughter Jai asking where she could find my current CV, as Pastor Forbes (one of my spiritual sons) in the Gambia, had requested a copy. All sorts of thoughts went through my mind as to why he should make a request for my CV.

On my return to Witham, Pastor Forbes rang to explain to me what the 'undercover' activity was all about. He stated that he had nominated me for an International Award in the Christian Leadership Category – for services to the Church, Community and humanity in the Gambia and internationally - at the Annual Predecessors Awards (PAPA) 2024 taking place in Johannesburg, South Africa on 22 June. A week later, I received a formal letter from the President of PAPA Worldwide, Mr Ralph Antwi, an organisation based in Ghana, informing me of my selection as one of 16 Honorees for this Award. PAPA is a Global, Honorary Awards Scheme hosted in Africa, America, Europe, and other parts of the world annually to honour heroes from various segments of society, and to immortalize their legacies.

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In addition to my acceptance letter, I was requested to send a brief profile from which a citation would be created and a photograph. Nothing proved more difficult as only one side of an A4 page was required. We did get there in the end and sent off everything.

Given the cost of travel and accommodation, at such short notice, receiving the award in person became a challenge. I then offered to receive the Award remotely but Pastor Forbes who had received the award a year earlier, insisted that it would not be the same - presence was important. Within a week he rallied a few of my other spiritual children whom, with God's help, I had led in the Youth for Christ movement in the late seventies and early eighties, and they raised all the money that was needed. I left the UK on 20th June and arrived in Johannesburg on 21st June. My hosts, a Nigerian Pentecostal Pastor, (who had previously lived in the Gambia), and his wife were at the Airport to meet me and took me to their home in Waterfall City, which was only 10 minutes away from the Hotel where the Award Ceremony was being held.



The Award Ceremony was well organised. There were people from all walks

of life present in what was a well-attended event. Other categories of awards included governance, Art, Music. Listening to the Citations was particularly moving. My award was presented in the presence of The High Commissioner of the Gambia to South Africa, Her Excellency Fatoumatta Jahumpa-Ceesay. This was also unexpected but all of this had been organised by Pastor Forbes. Just when I thought that I was all on my own, she entered with a delegation from the High Commission. Following the Award ceremony, there was a reception which offered space for networking.

It was a humbling experience for me because I know that I stand of the shoulders of so many people – my grandparents, parents, Kenneth, my husband, our children and their families, and the large number people I have worked alongside in service to God both Christian and Secular.

The trip to Johannesburg was just a five-day one but I manged to attend the All Nations Church on Sunday and to visit Mandela House for the second time and the Hector Peterson Mural in Johannesburg on the Monday.

Stepping into this new chapter of my life has ushered in a whirlwind of positive emotions. The best is yet to be and to God be the glory!

Rev Olufemi Cole-Njie

CHIPMONKS

Recently someone told me this story, swearing that it was true. Despite an impeccable source I will leave it to you to make up your own mind.....

"In Las Vagas there are more churches than casinos. The church wardens and church stewards, ever mindful of the need to fund their churches, have started accepting chips from the casinos in their collection plates.

Every so often the chips are collected up and the local monastery take the chips back to the various casinos and cash them in, returning the cash to the churches.

The friars who go to the casinos are known as the chip monks"

Mike Fogg

Harvest thought

Tis the season of harvest. I have been enjoying and then getting tired of harvesting and blanching the runner beans, ditto the thornless blackberries and tomatoes. The marrows have been "so-so" and the courgettes seem to react to liquid seaweed when applied. The flowers in the pots and hanging baskets have done really well too. I tried something different when potting them up in May and it has borne fruit – well not literally in the case of the flowers!



And in the fields around us we have been watching the combine, or is it combined, harvesters charge up and down the fields in a cloud of dust. The image above is from Cold Norton in 2021.

So, we will be singing about ploughing the fields and scattering and we may also be singing Fred Pratt-Green's "For the fruits of His Creation" too, and giving thanks to God for "the ploughing, sowing, reaping" and not least "the silent growth while we are sleeping". But how much will our thoughts focus on verses two and three of the hymn?

Verse two talks about using the "harvests we are sharing" as part of our "world-wide task of caring for the hungry and despairing". There are people in difficulty and starving and it is our duty to help those who are in need of shelter and bread to eat, and they live, to quote another Fred Pratt Green hymn, "across the world, across the street", from us.

Verse three marvels at the harvest of the spirit and thanks God for "the wonders that astound us, for the truths that still confound us". I could not have put it better myself and thinking about this it leads me to an uncomfortable question, which is.....

How much work are we putting into harvesting the Holy Spirit? To follow the analogy through we can't harvest what we haven't planted, nurtured, weeded, pruned and even ministered to with liquid seaweed.

Jesus gave us the remit to expand and develop his church on earth. Could we spend more time in developing these areas of within our communities? We inherit a rich vein, a storehouse full of seed and there are opportunities to enrich the soil that we find ourselves planted in, if we want to take the opportunity. I am not sure I have the answers, however it seems fair enough to pose the question.

Mike Fogg

WITHAM CHURCHES TOGETHER.



Summer Holíday Club









All roads led to Witham Methodist Church on 05 August 2024, marking the beginning of a Four-Day Holiday Club for Children aged 4 to 11. The Session this year brought together Clergy and Lay Volunteers, from Witham Methodist and St Nicolas C of E Churches seeking to work together.

A few weeks earlier, Rachel Grimwood, the Christian Youth Outreach Schools worker in Witham was invited to coordinate the Holiday Club event. Several meetings were held to ensure that we were all singing from the same hymn sheet. We are immensely grateful to Rachel.

The theme for the Holiday Club was 'On Your Marks' in recognition of the 2024 Olympics which was in progress. The Resource prepared by Scripture Union and choreographed by Dan Walker showcased Olympic and paralympic sports people who shared thoughts on how their faith in Christ had influenced their performances.

The Resource also provided videos for the Story of the day narrated by a storyteller, the Theme song and the Memory Verse – Mark 8: 29. Each day's programme included Ice breakers, Songs (with"My Lighthouse" stealing the show), Prayers, the Bible Lesson, preceded by a YouTube video clip of the Bible Story, Refreshments, Craft sessions, a brief Review followed by a closing Prayer.

The Theme was broken down into the following sessions: Making the Team – Jesus calling the Disciples; Inspiring the Team – The Transfiguration; Challenging the Team – Jesus walks on Water; and Sticking to the Team – the Parable of the Sower. The greatest desire was to be on Team Jesus!

Refreshments, which were enjoyed by the Children and the staff included fresh fruit, crisps, biscuits, pastries, homemade cakes and juice drinks. We are grateful for donations received from Morrison's Supermarket and mini cartons of juice from the Life Expo Initiative via Revd Barry Allen.

The Craft sessions were based on the Lesson for the day and the Children worked in groups – Colouring fish shapes and catching fish with magnets; The Making of Olympic Torches and Medals; Making Paper Boats, Colouring Paper Boats and leaving them to float in water; Decorating paper cups and growing seeds.











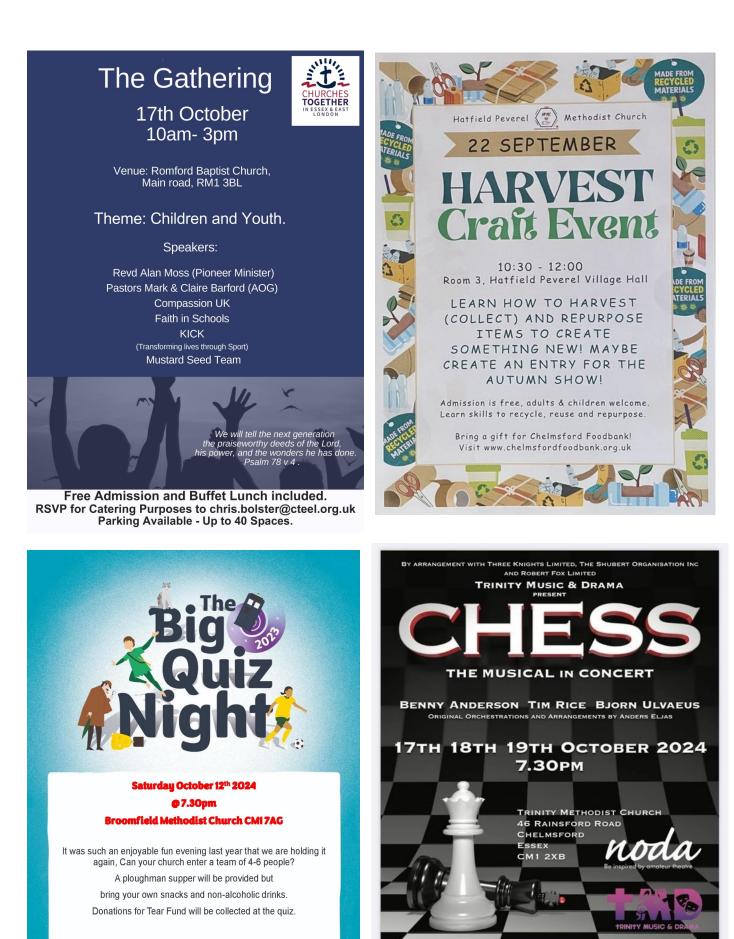
We give thanks to God for a successful Holiday Club. Twenty Children registered and sixteen turned up. Four Children could not attend because of changes in Parents' work The Children schedules. who attended indicated in loud voices that they would love to come again next year and the staff agreed that we would do it again. Grateful thanks are extended to Revd Noah Cockett, Jenny Jarvis, Janis Croom, Paula Ellis, Beverley Adams, Samantha Rees. Mouttou Coumarane. Margaret Shumba, Arnaud Coumarane, Liz Tymms and Olive Anofienam, who served with a smile, whether it was doing the Registration, leading Ice breakers, Songs, Bible lessons, the preparing Memory and verse, serving organising Craft sessions or Refreshments, Clearing up and Cleaning at the end of the day.

To God be the Glory!

Revds Olufemi Cole-Njie and Howard Schnaar On behalf of Witham Churches Together in Witham and District







Please contact David or Pat at broomfieldmethodistchurch@gmail.com to enter a team of six or more

 tearfund.org/quiz

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Mental Health First Aid (MHFA) is a nationally accredited training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first-aid basis.

This course is being delivered by accredited trainers from the Methodist Church of Great Britain who are licensed by Mental Health First Aid England to do so. To book and more information, click <u>here</u>.



Demystifying Safer Recruitment

Wednesday 18th September at 7pm, online

Want to get your head around safer recruitment? Come find out how at this 2hr webinar

Learn more: https://www.eventbrite.co.uk/e/929161255327...

Safer recruitment is a key tenet of safeguarding. But how do we take seriously the need to undertake the necessary recruitment checks for volunteers without stressing people out?

This webinar will help demystify and simplify the process, breaking down each stage of the process, resources you can use and whom you might call on for support.



Many thanks for all those who have supported the Circuit Newsletter by sending in articles and sharing the newsletter with colleagues, friends and family. I really appreciate your support. Karen

Future Dates for our Circuit Meeting Tuesday 17th September Maldon Methodist Church 7.15pm

Circuit Administrator: Karen Murrell. Email: karen.murrell@chelmsfordcircuit.org.uk

https://www.facebook.com/ chelmsfordcircuit http://www.chelmsfordcircuit.co.uk **'Share your news'** Deadline for Nov/Dec 2024 by Mid October